* If any shoulder red flags are identified in the history or on examination, the person should be referred urgently to secondary care. Red flags include:
  + Trauma, pain and weakness, or sudden loss of ability to actively raise the arm (with or without trauma): suspect acute rotator cuff tear.
  + Any shoulder mass or swelling: suspect malignancy.
  + Red skin, painful joint, fever, or the person is systemically unwell: suspect septic arthritis.
  + Trauma leading to loss of rotation and abnormal shape: possible shoulder dislocation.
  + New symptoms of inflammation in several joints: suspect inflammatory arthritis.
  + History of cancer